

COURSE DISTRIBUTION PER SEMESTER

| N/A | Course type | Course title | Course code | Periods per week | Duration of period | Number of weeks/ Semester | Total periods/ Semester | Number of credits (ECTS) |
|---------------------|-------------|---|-------------|------------------|--------------------|------------------------------|----------------------------|-----------------------------|
| 1st Semester | | | | | | | | |
| 1 | Compulsory | History And Applied Sociology In Physical Education And Sport | SSHIS101 | 3 | 50 | 13 | 39 | 6 |
| 2 | Compulsory | Human Anatomy | SSANA103 | 4 | 50 | 13 | 52 | 6 |
| 3 | Compulsory | Pedagogy Of Physical Education And Sport | SSPED105 | 3 | 50 | 13 | 39 | 6 |
| 4 | Compulsory | Didactic Of Track And Field | SSATH107 | 3 | 50 | 13 | 39 | 6 |
| 5 | Compulsory | English For Sport Sciences | SSENG109 | 2 | 50 | 13 | 26 | 3 |
| 6 | Compulsory | Basic Academic & Research Skills | SSACA111 | 2 | 50 | 13 | 26 | 3 |
| 2nd Semester | | | | | | | | |
| 7 | Compulsory | Physiology | SSPHY102 | 3 | 50 | 13 | 39 | 6 |
| 8 | Compulsory | Sport And Leisure Management | SSMAN104 | 3 | 50 | 13 | 39 | 6 |
| 9 | Compulsory | Health Enhancing Physical Activity | SSHEP106 | 3 | 50 | 13 | 39 | 6 |
| 10 | Compulsory | Didactic Of Gymnastics | SSGYM108 | 3 | 50 | 13 | 39 | 6 |
| 11 | Compulsory | Didactic Of Ball Sports I (Volleyball & Basketball) | SSBAL110 | 3 | 50 | 13 | 39 | 6 |

| 3rd Semester | | | | | | | | |
|--------------|------------|--|----------|---|----|----|----|---|
| 12 | Compulsory | Research Methods And Applied Statistics In Physical Education And Sports | SSRES201 | 3 | 50 | 13 | 39 | 6 |
| 13 | Compulsory | Training Principles | SSTRA203 | 3 | 50 | 13 | 39 | 6 |
| 14 | Compulsory | Biochemistry Of Exercise | SSBIO205 | 3 | 50 | 13 | 39 | 6 |
| 15 | Compulsory | Adapted Physical Education | SSADA207 | 3 | 50 | 13 | 39 | 6 |
| 16 | Compulsory | Didactic Of Ball Sports II (Soccer & Handball) | SSBAL209 | 3 | 50 | 13 | 39 | 6 |
| 4th Semester | | | | | | | | |
| 17 | Compulsory | Organisation Of Recreation And Sport Tourism Programmes | SSTOU202 | 3 | 50 | 13 | 39 | 6 |
| 18 | Compulsory | Sport Psychology | SSPSY204 | 3 | 50 | 13 | 39 | 6 |
| 19 | Compulsory | Exercise Physiology | SSEXP206 | 4 | 50 | 13 | 52 | 6 |
| 20 | Compulsory | Training Of Children And Adolescents | SSTCH208 | 3 | 50 | 13 | 39 | 6 |
| 21 | Compulsory | Didactic Of Swimming | SSSWI210 | 3 | 50 | 13 | 39 | 6 |
| 5th Semester | | | | | | | | |
| 22 | Compulsory | Motor Learning And Motor Behavior | SSMOT301 | 4 | 50 | 13 | 52 | 6 |
| 23 | Compulsory | Sport And Exercise Nutrition | SSNUT303 | 3 | 50 | 13 | 39 | 6 |
| 24 | Compulsory | Strength And Conditioning | SSTSC305 | 3 | 50 | 13 | 39 | 6 |
| 25 | Compulsory | Sport Rehabilitation | SSREH307 | 4 | 50 | 13 | 52 | 6 |
| 26 | Compulsory | Didactic Of Racket Sports - Tennis | SSTEN309 | 3 | 50 | 13 | 39 | 6 |

| 6th Semester | | | | | | | | |
|--------------|------------|--|----------|---|----|----|----|----|
| 27 | Compulsory | Kinesiology - Biomechanics | SSKIN302 | 4 | 50 | 13 | 52 | 6 |
| 28 | Compulsory | Physical Activity In Clinical Populations And Elderly | SSCLI304 | 3 | 50 | 13 | 39 | 6 |
| 29 | Compulsory | Didactic Of Physical Education In Education | SSPEE306 | 6 | 50 | 13 | 78 | 6 |
| 30 | Compulsory | Annual Planning And Ergometric Evaluation To Maximize Athletic Performance | SSERG308 | 4 | 50 | 13 | 52 | 6 |
| 31 | Compulsory | Didactic Of Traditional Dances | SSDAN310 | 3 | 50 | 13 | 39 | 6 |
| 7th Semester | | | | | | | | |
| 32 | Compulsory | Placement And Work Experience Internship I | SSPLA401 | 6 | 50 | 13 | 78 | 6 |
| 33 | Elective | Sport Science and Physical Education Elective | | | | | | 6 |
| 34 | Elective | Free Elective | | | | | | 6 |
| 35 | Elective | Specialisation Elective | | | | | | 12 |
| 8th Semester | | | | | | | | |
| 36 | Compulsory | Placement And Work Experience Internship II | SSPLA402 | 6 | 50 | 13 | 78 | 6 |
| 37 | Elective | Sport Science and Physical Education Elective | | | | | | 6 |
| 38 | Elective | Free Elective | | | | | | 6 |
| 39 | Elective | Specialisation Elective | | | | | | 12 |

Sports Science and Physical Education Electives

| N/A | Course type | Course title | Course code | Periods per week | Duration of period | Number of weeks/ Semester | Total periods/ Semester | Number of credits (ECTS) |
|-----|--|---|-------------|------------------|--------------------|------------------------------|----------------------------|-----------------------------|
| 1 | Sports Science and Physical Education Elective | Thesis I | SSTHE403 | 0 | 50 | 13 | 0 | 6 |
| 2 | Sports Science and Physical Education Elective | Thesis II | SSTHE404 | 0 | 50 | 13 | 0 | 6 |
| 3 | Sports Science and Physical Education Elective | First Aids | SSFAI405 | 3 | 50 | 13 | 39 | 6 |
| 4 | Sports Science and Physical Education Elective | Sport Marketing And Consumer Behaviour | SSMAR407 | 3 | 50 | 13 | 39 | 6 |
| 5 | Sports Science and Physical Education Elective | Health Psychology | SSHPS409 | 3 | 50 | 13 | 39 | 6 |
| 6 | Sports Science and Physical Education Elective | Therapeutic Exercise | SSTEX411 | 4 | 50 | 13 | 52 | 6 |
| 7 | Sports Science and Physical Education Elective | Competitive Sports Training | SSTRC413 | 3 | 50 | 13 | 39 | 6 |
| 8 | Sports Science and Physical Education Elective | Management Of Sport Academies And Clubs | SSMAN406 | 3 | 50 | 13 | 39 | 6 |

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| 9 | Sports Science and Physical Education Elective | New Technologies In Physical Education And Sport | SSTEC408 | 3 | 50 | 13 | 39 | 6 |
| 10 | Sports Science and Physical Education Elective | Applied Sport Counseling | SSCOU410 | 3 | 50 | 13 | 39 | 6 |
| 11 | Sports Science and Physical Education Elective | School Psychology – Psychology Of Physical Education | SSSPS412 | 3 | 50 | 13 | 39 | 6 |
| 12 | Sports Science and Physical Education Elective | Clinical Exercise Physiology | SSCEP414 | 4 | 50 | 13 | 52 | 6 |

Specialisation Electives

| N/A | Course type | Course title | Course code | Periods per week | Duration of period | Number of weeks/ Semester | Total periods/ Semester | Number of credits (ECTS) |
|-----|-------------------------|------------------------|-------------|------------------|--------------------|------------------------------|----------------------------|-----------------------------|
| 1 | Specialisation Elective | Artistic Gymnastics I | SSART415-S | 6 | 50 | 13 | 78 | 12 |
| 2 | Specialisation Elective | Artistic Gymnastics II | SSART416-S | 6 | 50 | 13 | 78 | 12 |
| 3 | Specialisation Elective | Swimming I | SSSWI417-S | 6 | 50 | 13 | 78 | 12 |
| 4 | Specialisation Elective | Swimming II | SSSWI418-S | 6 | 50 | 13 | 78 | 12 |
| 5 | Specialisation Elective | Sailing I | SSSAI419-S | 6 | 50 | 13 | 78 | 12 |

Specialisation Electives

| N/A | Course type | Course title | Course code | Periods per week | Duration of period | Number of weeks/ Semester | Total periods/ Semester | Number of credits (ECTS) |
|-----|-------------------------|--------------------|-------------|------------------|--------------------|------------------------------|----------------------------|-----------------------------|
| 6 | Specialisation Elective | Sailing II | SSSAI420-S | 6 | 50 | 13 | 78 | 12 |
| 7 | Specialisation Elective | Waterpolo I | SSWAT421-S | 6 | 50 | 13 | 78 | 12 |
| 8 | Specialisation Elective | Waterpolo II | SSWAT422-S | 6 | 50 | 13 | 78 | 12 |
| 9 | Specialisation Elective | Rowing I | SSROW423-S | 6 | 50 | 13 | 78 | 12 |
| 10 | Specialisation Elective | Rowing II | SSROW424-S | 6 | 50 | 13 | 78 | 12 |
| 11 | Specialisation Elective | Basketball I | SSBAS425-S | 6 | 50 | 13 | 78 | 12 |
| 12 | Specialisation Elective | Basketball II | SSBAS426-S | 6 | 50 | 13 | 78 | 12 |
| 13 | Specialisation Elective | Volleyball I | SSVOL427-S | 6 | 50 | 13 | 78 | 12 |
| 14 | Specialisation Elective | Volleyball II | SSVOL428-S | 6 | 50 | 13 | 78 | 12 |
| 15 | Specialisation Elective | Football I | SSFTB429-S | 6 | 50 | 13 | 78 | 12 |
| 16 | Specialisation Elective | Football II | SSFTB430-S | 6 | 50 | 13 | 78 | 12 |
| 17 | Specialisation Elective | Judo I | SSJUD431-S | 6 | 50 | 13 | 78 | 12 |
| 18 | Specialisation Elective | Judo II | SSJUD432-S | 6 | 50 | 13 | 78 | 12 |
| 19 | Specialisation Elective | Taekwondo I | SSTWD433-S | 6 | 50 | 13 | 78 | 12 |
| 20 | Specialisation Elective | Taekwondo II | SSTWD434-S | 6 | 50 | 13 | 78 | 12 |
| 21 | Specialisation Elective | Tennis I | SSTEN435-S | 6 | 50 | 13 | 78 | 12 |
| 22 | Specialisation Elective | Tennis II | SSTEN436-S | 6 | 50 | 13 | 78 | 12 |
| 23 | Specialisation Elective | Track And Field I | SSATH437-S | 6 | 50 | 13 | 78 | 12 |
| 24 | Specialisation Elective | Track And Field II | SSATH438-S | 6 | 50 | 13 | 78 | 12 |
| 25 | Specialisation Elective | Handball I | SSHAN439-S | 6 | 50 | 13 | 78 | 12 |
| 26 | Specialisation Elective | Handball II | SSHAN440-S | 6 | 50 | 13 | 78 | 12 |

Specialisation Electives

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|------------|-------------------------|---|--------------------|-------------------------|---------------------------|--------------------------------------|------------------------------------|-------------------------------------|
| 27 | Specialisation Elective | Outdoor Activities And Sport Tourism I | SSOUT441-S | 6 | 50 | 13 | 78 | 12 |
| 28 | Specialisation Elective | Outdoor Activities And Sport Tourism II | SSOUT442-S | 6 | 50 | 13 | 78 | 12 |
| 29 | Specialisation Elective | Exercise, Fitness And Health I | SSFIT443-S | 6 | 50 | 13 | 78 | 12 |
| 30 | Specialisation Elective | Exercise, Fitness And Health II | SSFIT444-S | 6 | 50 | 13 | 78 | 12 |